



# ABS™

## Attitude, Behavior, Skills & Safety

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**What is the key to your success?** In times of uncertainty, how do we improve our success as a member of the construction workforce? Build your ABS™! This program is geared toward giving “front-line” workers the tools and perspective to become more valuable to the organizations that they work for leading to increased job success.

### Who should take the ABS™ Training?

The skills and concepts taught in ABS™ benefit anyone open to growth and improvement and who desire success in the workplace and in life. If you want to get better at your job, this training is for you.

You will have the opportunity to:

- Discover your purpose and live an intentional life that is both highly productive and satisfying.
- Come face-to-face with the power of attitude and how to use it to your advantage.
- Understand that behavior can impact your career and personal life positively or negatively, be exactly what you want it to be, be based on understanding your ability to choose your attitude, and impact your ability to perform and be highly successful.
- Know how your skill level can be honed into an incredible asset which will continue to grow.
- Recognize that safety is an attitude, not a check list.
- There are tools for workplace success that work; you can own and use the tools!

### Excellent Experience for Participants

Training actively engages each person in the learning process.

Participants learn from each other, too, through interactive discussion.

“Very helpful – I learned some valuable tools.” “Very informative and something I will use at work and home.” “I wish programs like this were available years ago.”

### Contact Information

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**Official Endorsement** Washington State Building and Construction Trades Council, AFL-CIO 

**Official Endorsement** AGC of Washington State 